



# Diagnosis of Chronic Lymphocytic Leukemia (CLL)

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## Overview

- Evaluation of lymphocytosis
- Diagnostic criteria for CLL and related conditions
- Rai staging of CLL
- Health implications of CLL patients

## Case 1: Ms. Smith

- 70-year-old female
- Planned to undergo hip surgery
- CBC for pre-operative work up

### Complete Blood Count

WBC*	11.92 k/uL	H
Hgb	12.2 g/dL	
Plt	160 k/uL	

### Differential

Neu	3.22	
Lym*	7.99	H
Mono	0.6	
Eos	0.0	
Baso	0.12	

## Case 1- continued

- She feels well. No night sweats, fevers, severe fatigue, weight loss, or new masses.
- Physical exam with no adenopathy. No enlarged spleen or liver
- No other medical problems, medications, or prior surgeries.
- She leads an active life-style and is up to date on her vaccinations and health maintenance

## What is the diagnosis?

- A. Chronic lymphocytic leukemia (CLL)
- B. Small lymphocytic lymphoma (SLL)
- C. Monoclonal B-cell lymphocytosis (MBL)
- D. Normal findings, recheck in a year
- E. Not enough information

## Differential Diagnosis of Lymphocytosis

- Infectious mononucleosis (EBV or CMV)
- Viral infections (eg. HIV, influenza)
- Some non-viral infections (eg. *bartonella henselae*, tuberculosis)
- Inflammation or trauma
- Splenectomy
- Lymphoproliferative disorders (eg. T-LGL, CLL, lymphomas)

## Clues from the CBC

- Determine if relative (%) or absolute (cells/uL)
- Determine the duration of lymphocytosis
- Review any comments from the technologist or pathologist
- Review the peripheral blood smear
- Are there other abnormalities such as anemia, thrombocytopenia, or neutropenia?

## What should I look for?

- Lymphadenopathy or splenomegaly on exam (size matters!)
- Constitutional symptoms
  - Rapid or unintentional weight loss
  - Drenching night sweats
  - Fatigue limiting daily activities without other cause
- Signs of bone marrow failure such as anemia or thrombocytopenia
- Abnormal circulating cells in the peripheral blood

## Ms. Smith returns in 6 weeks

- She feels well with no fatigue. She is anxious about the findings

### Complete Blood Count

WBC\* 17.2 k/uL H  
Hgb 15.1 g/dL  
Plt 247 k/uL

### Differential

Neu 2.1  
Lym\* 14.4 H  
Mono 0.4  
Eos 0.2  
Baso 0.1

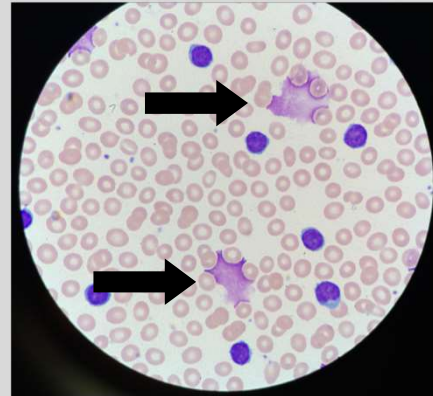


Photo credit to Dr. Kerry Rogers

## What should I do next?

- A. Send peripheral blood flow cytometry
- B. Perform bone marrow biopsy
- C. Start treatment
- D. No additional testing needed

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## What is flow cytometry ?

- Technique for immunophenotyping of blood cells
- WBC are marked with antibodies linked to fluorochromes to detect specific antigen markers (eg. CD20 or CD5)
- Cells are passed by a laser to determine which fluorescent markers are present
- Determines the types of white blood cells
  - T-cells
  - B-cells
  - Myeloid cells
  - Blasts, leukemic cells, or other abnormal cells

## Ms. Smith flow cytometry results

- The majority of B-cells were clonal with a “CLL- like” immunophenotype: (CD19+, CD5+, CD20<sup>dim</sup>, CD23+, kappa light chain+, FMC7-)
- The clonal lymphocyte count was 11.2 k/uL
- Impression says “consistent with chronic lymphocytic leukemia”
- She asks if he has leukemia and what to do next

## Diagnostic Criteria for CLL

- Presence of  $\geq 5,000$  u/L clonal B-lymphocytes in the blood
  - Persistent for >3 months
  - Clonality confirmed by light chain restriction
- Clonal cells have a “CLL immunophenotype”
  - B-cell antigens (CD19, CD20, and CD23) with CD5
  - Low/dim surface immune globulin, CD20, and CD79b
  - Restricted to kappa or lambda light chain expression

Hallek et al., Blood 2018

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## Chronic Lymphocytic Leukemia (CLL)

- Chronic B-cell lymphoid malignancy
- Median age at diagnosis late 60s
- Most prevalent leukemia in adults in the US
- Median survival is good and can be predicted by cytogenetic testing
- Survival today is likely improved over historical estimates with newer more effective treatments such as oral targeted agents

Hallek et al., Blood 2018; Dohner et al., NEJM 2000



## Chronic Lymphocytic Leukemia (CLL)

- People who are asymptomatic are typically observed.
- Some patients may never require treatment.
- Signs and symptoms that may develop over the disease course:
  - Enlarging lymph nodes
  - Increasing lymphocyte count
  - Anemia, thrombocytopenia, neutropenia
  - B- symptoms

Hallek et al., Blood 2018

## Small Lymphocytic Lymphoma (SLL)

- The lymphoma version of CLL
- Has the same immunophenotype as CLL but without  $\geq 5,000$  /uL CLL-cells in the blood and has enlarged lymph nodes
- Prognostic features and outcomes are the same as with CLL
- Treated with the same therapies as CLL
- Can generally be considered together with CLL

Hallek et al., Blood 2018

## Monoclonal B-lymphocytosis (MBL)

- Not a cancer. Often found incidentally
- Common in the elderly
  - Incidence increases with age (5.1% of people age 60-80)
- Can have a “CLL-like” or “non-CLL-like” immunophenotype
  - More is known about “CLL-like” MBL
  - “Non-CLL-like” may eventually progress to other lymphomas
- Can be low-count (<0.5 k/uL) or high-count (≥0.5 k/uL)
  - High-Count progresses to CLL requiring treatment at a rate of ~1-2% per year
  - Low-count almost never progresses to CLL

Rawstron et al., NEJM 2008; Strati et al., Blood 2015

## Diagnostic distinctions

- MBL:
  - Lymphocytes <  $5 \times 10^9/L$
  - No LAD or organomegaly
  - No cytopenia related to disease
  - 1-2% per year progress to CLL needing treatment
- SLL:
  - Lymphocytes <  $5 \times 10^9/L$  + lymphadenopathy
  - NO cytopenia due to marrow involvement
  - Confirm diagnosis with biopsy
- CLL:
  - Clonal lymphocytes >  $5 \times 10^9/L$  or <  $5 \times 10^9/L$  + cytopenia due to marrow involvement
  - Could be symptomatic or asymptomatic

## CLL & Related Diagnoses

Diagnosis	CLL Clone ≥5k	Enlarged Lymph Nodes	Enlarged Liver or Spleen	Cytopenias due to Marrow Infiltration
CLL	Required	+/-	+/-	+/-
SLL	-	Required	+/-	-
MBL	-	-	-	-
MBL = Monoclonal B-Lymphocytosis, SLL = Small Lymphocytic Lymphoma				

Hallek et al., Blood 2018

## What do I tell my patient?

- You tell Ms. Smith that she has chronic lymphocytic leukemia
- You make sure to tell her:
  - The expected survival is many years to potentially decades
  - She may not need treatment right now
  - Treatments for CLL are highly successful and often have only mild side effects
  - This is the most prevalent leukemia in adults in the US, so she is not alone

## Implications for Health Maintenance

- People with CLL have inherent immune dysregulation
- Higher risk for autoimmune disease and complications from decreased immune function
- Since CLL-specific survival is generally good therefore these other risks are an important cause of morbidity and mortality

Visentin et al., European Journal of Cancer 2017

## Risk of Second Cancers is Increased

- CLL increases risk for other types of cancer
- In large cohort studies overall risk for second cancer was increased compared to general population
- Highest risk for
  - Squamous cell carcinoma
  - Melanoma
  - Myeloid neoplasms – particularly if prior chemotherapy
  - Solid tumors and soft tissue sarcoma
- 2-10% risk of Richter transformation

Zheng et al., BJH 2018; Royle et al., British Journal of Cancer 2011; Thompson et al., Blood 2016 . Der Straten et al, Blood Cancer, 2023

## Approach to Cancer Screening in CLL Patients

- Recommend all age-appropriate cancer screenings
- Should be based on the individual patient's risk factors
- If you are considering stopping screening based on age or lower risk, take the CLL into account
- **Annual skin exam** is recommended due high risk of non-melanoma skin cancers and increased risk for melanoma

## Vaccination Recommendations

- Vaccines have decreased efficacy in CLL patients but should still be given
- CDC has recommendations for vaccination in immune compromised individuals
- Live vaccines should be avoided

Dagnew et al., Lancet Infectious Diseases 2019

## **NCCN Guidelines for Immunizations for Patients with CLL**

- Avoid all live vaccines
- Recommended vaccines:
  - Annual influenza vaccine
  - Pneumococcal vaccine
  - Zoster vaccine recombinant, adjuvenated for all patients treated with Bruton's tyrosine kinase inhibitors
  - Respiratory syncytial virus (RSV)
  - COVID-19 vaccine

National Comprehensive Cancer Network. NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®): CLL Guidelines 2.2025.  
[[https://www.nccn.org/professionals/physician\\_gls/pdf/ctl.pdf](https://www.nccn.org/professionals/physician_gls/pdf/ctl.pdf). Accessed 3.24.2025]

## **Considerations for MBL Patients**

- Patients are followed at least annually as they may progress to CLL
- At increased risk for
  - Infections and hospitalizations from infections
  - Hematological and non-hematological malignancies
- We also recommend vaccinations and cancer screening similar to patients with CLL

Rawstron et al., NEJM 2008; Strati et al., Blood 2015; Moreira et al., Leukemia 2013; Solomon et al., Leukemia 2016

## Take Home Points

- Patients with persistent absolute lymphocytosis and/or “red flag” features should be further evaluated, usually with flow cytometry
- CLL is the most prevalent leukemia in adults in the U.S
- Expected survival for CLL patient is many years
- CLL is a heterogeneous disease; genomic factors can better refine prognosis for individual patients
- CLL does not always need treatment at diagnosis
- CLL, SLL, and MBL patients have a higher risk for second cancers and infections and need strategies to manage this risk



## How do We Approach CLL Treatment?

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*Division of Hematology*

*The Ohio State University Wexner Medical Center*

## Objectives

- To understand Staging & Risk Stratification for CLL
- To discuss Rationale for Observation in early-stage asymptomatic patients
- To discuss Treatment Indications
- To understand Approach to Selecting Initial Treatment

## Case

- Ms. Jones is a 66 y/o female with hypertension and atrial fibrillation who was diagnosed with CLL in 2019 when a routine CBC showed a WBC of 21k with 85% lymphocytes. Hb and platelets were normal, and patient was asymptomatic. Flowcytometry confirmed CLL
- Patient was recommended observation
- She is worried about the “cancer” diagnosis and wants to do her estate planning. She asks you, what should I expect, how much time do I have?



## CLL: Disease Course

- People who are asymptomatic should be observed
- Treating people at diagnosis does not improve survival
- Over the course of the disease people develop
  - Enlarging lymph nodes
  - Increasing lymphocyte count – *even up to 300-400 k/uL can be ok*
  - Cytopenias due to marrow infiltration with leukemia
  - Constitutional symptoms in some cases
- If these become a problem treatment is started
- Some people never require treatment!

Hallek et al., Blood 2018

## CLL Presentation

- Heterogeneous disease with survival ranging from months to 25+ years from diagnosis
- No signs or symptoms (25-50%)
- Fatigue
- Lymph node enlargement (10-20%)
- Spleen or liver enlargement
- Frequent infections
- Weight loss, fever, or night sweats (5-10%)

## Rai Staging of CLL

- Requires a physical exam and CBC
- Bone marrow biopsy and CT scans are not needed for staging
- Both should only be used to evaluate symptoms or findings
  - Bone marrow biopsy to evaluate unexplained cytopenias
  - CT scans for abdominal pain or palpable masses
- Higher stage correlates with shorter overall survival

Rai Stage	Finding	Median Survival (Mo)	Modified Rai Classification
0	Lymphocytosis	>150	Low Risk
I	Lymphadenopathy	101	Intermediate Risk
II	Splenomegaly and/or Hepatomegaly	71	
III	Anemia (<11 g/dL)	19	High Risk
IV	Thrombocytopenia (<100 k/uL)	19	
Category is assigned based on highest risk finding			

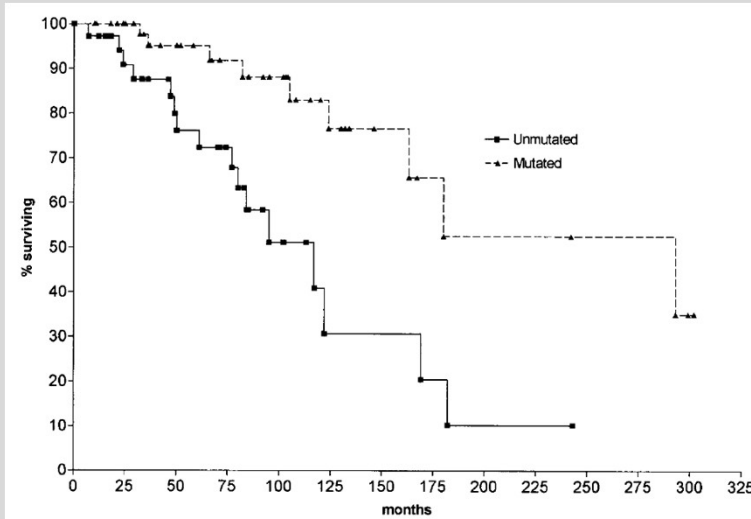
Rai et al., Blood 1975; Hallek et al., Blood 2018

## Immune Globulin Heavy Chain Variable (IGHV) Mutational Status

- IGHV region undergoes somatic mutation during B-cell development
- This is a marker of B-cell maturity
- IGHV sequence in CLL cells is compared to germline
  - ≥2% difference from germline = mutated
  - <2% different from germline = unmutated
- Unmutated status is associated with
  - Earlier therapy,
  - Lower response rates esp. to chemoimmunotherapy
  - Inferior survival

Hamblin et al., Blood 1999

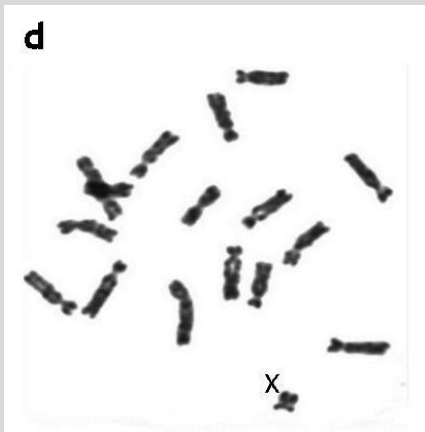
## Survival by IGHVs Mutational Status



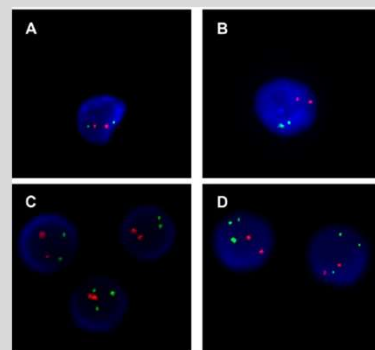
Median Survival (months)	
Mutated	293
Unmutated	95
P=0.001	

Hamblin et al., Blood 1999

## Cytogenetics & Fluorescence In Situ Hybridization



Metaphase spread



- A. Normal
- B. Trisomy
- C. Deletion
- D. Translocation

## FISH Testing & Hierarchical Risk Categories

- Prior to interphase FISH trisomy 12 most common recurrent abnormality
- FISH identifies more aberrations than karyotype (82% vs 40-50%)
- OS determined by highest risk finding
- Patients with 17p deletions had the worst prognosis, followed by patients with 11q deletions, those with 12q trisomy, and those with normal karyotypes
- Patients with 13q deletions had the longest estimated survival times
- Can change with disease progression, clonal evolution

FISH	%	Median Survival (months)
Del17p	7	32
Del11q	18	79
Tri12	16	114
None	18	111
Del13q	55	133

Dohner et al, NEJM 2000

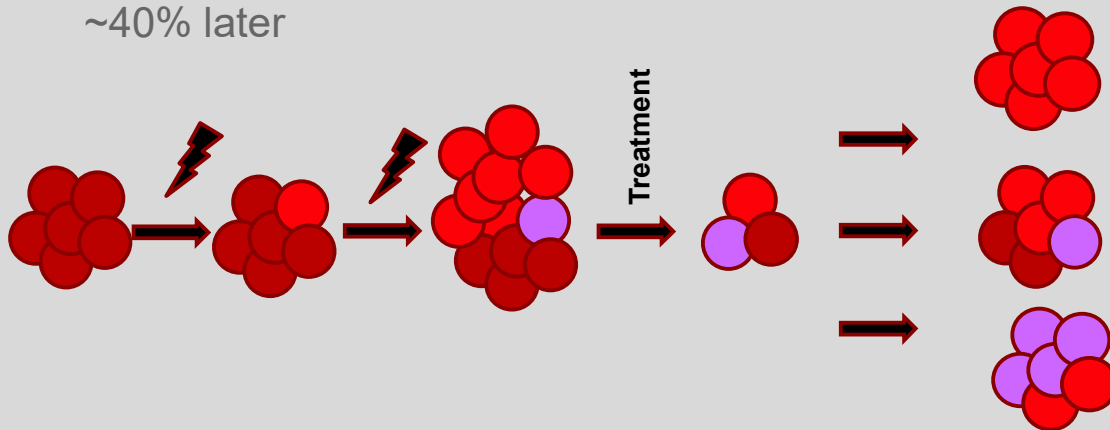
## Complex Karyotype

- Complex defined as  $\geq 3$  independent chromosomal abnormalities
- Karyotype should be stimulated
- Abnormalities MUST be in karyotype – FISH findings do not count
- Correlates with del17p
- Poor prognostic feature
- Predicts worse survival in untreated, relapsed/refractory, and post-allogeneic stem cell transplant patients

Haferlach et al., Leukemia 2007; Juliusson et al., NEJM 1990; Woyach et al., Leukemia 2012; Jaglowski et al., BJH 2012

## Can Prognosis Change Over Time?

- IGHV mutational status does not change
- Cytogenetic abnormalities and gene mutations can, a process called clonal evolution
  - TP53 abnormalities seen in 10% at baseline, but ~40% later



## The CLL-IPI Score & Risk Groups

- Patient level data from 8 CLL studies analyzed
- Takes into account stage, biologic, and patient demographic factors
- Points are assigned for each feature present
- Has been extensively validated in other cohorts
- Predicts survival and time to first treatment

Feature	Points
TP53 Deleted or Mutated	4
IGHV <u>Un</u> mutated	2
$\beta$ 2-microglobulin >3.5 mg/L	2
Rai I-IV or Binet B or C	1
Age >65	1



Score	Risk Group	5-year Survival
0-1	Low	93%
2-3	Intermediate	79%
4-6	High	63%
7-10	Very High	23%

International CLL-IPI Working Group, Lancet Oncology 2016

## Why Don't We Treat at Diagnosis?

- CLL is frequently asymptomatic and cannot be cured so why expose patients to treatment side effects sooner than needed?
- Early treatment with chemotherapy does not help patients with CLL live any longer or any better
- Multiple clinical trials have investigated this question—none yet have shown a survival advantage to early treatment
- This remains a question of interest, especially with advances in prognosis (so high-risk patients can be targeted) and with newer better tolerated therapies

## Ms. Jones after 5 years

- Ms. Jones has done well over the last 5 years. Disease assessment at diagnosis had shown Trisomy 12 and IGHV was unmutated
- She is feeling fatigued and has early satiety. Exam reveals a palpable spleen 8 cm below costal margin
- Blood work, besides showing continued increase in WBC count, now shows a low Hb of 8.9g/dL

## Indications for Therapy

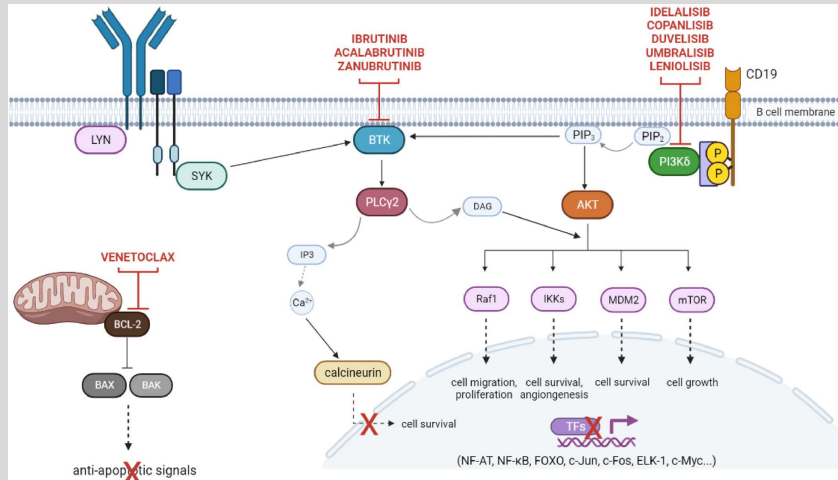
Category	Reasons for Treatment
<b>CLL-related symptoms</b>	<ul style="list-style-type: none"> <li>Significant B symptoms (eg, night sweats, weight loss, fever without infection, severe fatigue)</li> </ul>
<b>Tumor burden</b>	<ul style="list-style-type: none"> <li>Progressive lymphadenopathy</li> <li>Progressive splenomegaly</li> <li>Lymphocyte doubling time &lt;6 months (if ALC &gt;30 x 10<sup>9</sup>/L)</li> <li>Threatened end-organ function (eg, enlarged lymph node obstructing biliary tree)</li> </ul>
<b>Bone marrow failure</b>	<ul style="list-style-type: none"> <li>Progressive anemia (Hgb &lt;11 mg/dL)</li> <li>Progressive thrombocytopenia (platelets &lt;100K)</li> </ul>
<b>Immune dysfunction</b>	<ul style="list-style-type: none"> <li>Autoimmune anemia and/or thrombocytopenia poorly responsive to corticosteroids or other standard therapy</li> </ul>

## How to Approach Selecting Initial Treatment

- Disease features and predicted benefit from therapy
  - Del17p
  - IGHV mutation status
- Consider patient fitness
  - Age and performance status
  - Medical comorbidities and organ function
  - Specific toxicities of relevance to that person

**NO CHEMOTHERAPY ANYMORE**

## Major Mechanisms of Action of Current CLL Therapies



Two major classes of drugs:

- **BTK inhibitors**  
(ibrutinib, acalabrutinib and zanubrutinib)
  - ✓ Inhibits B-cell receptor signaling as a pro-survival signal
  - ✓ Need to be taken long-term
- **BCL2 inhibitors**  
(venetoclax)
  - ✓ Induces apoptosis by inhibiting an anti-apoptotic protein
  - ✓ Causes acute TLS but eliminates disease more rapidly

## First-line Regimens in CLL

Choices are

Continuous BTKi

Acalabrutinib or  
Zanubrutinib

Obinutuzumab  
Acalabrutinib

Venetoclax+  
Obinutuzumab

Obinutuzumab  
Venetoclax

BTKi/Venetoclax  
regimens are well  
studied but not FDA  
approved yet

Venetoclax  
Ibrutinib

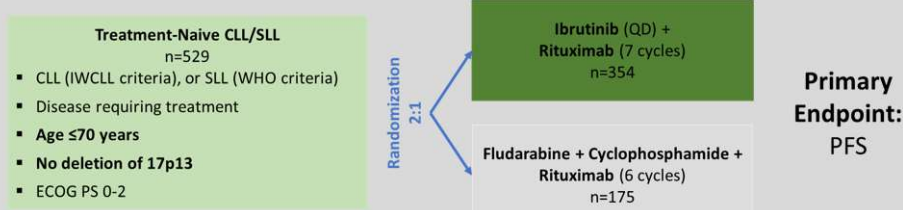
Venetoclax  
Acalabrutinib  
+/- Obinutuzumab

Only approved  
in Europe

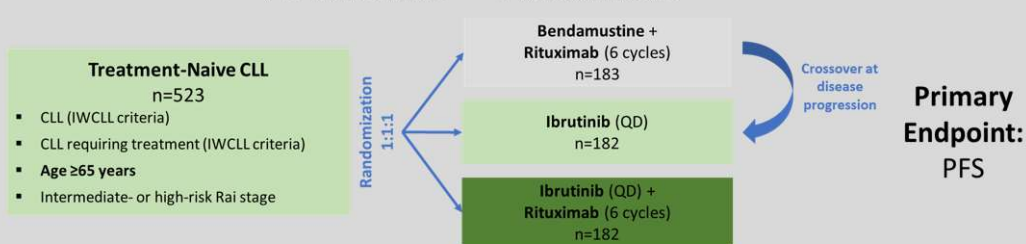


## Chemoimmunotherapy vs Ibrutinib

### EA1912: Phase 3 Study of FCR vs Ibrutinib + Rituximab



### A041202: Phase 3 Study of BR vs Ibrutinib vs Ibrutinib + Rituximab



Shanafelt et al., NEJM 2019; Woyach et al., NEJM 2018

## Outstanding Efficacy

### EA1912 Progression-Free Survival

- With a median follow-up of >8 years, median PFS has not been reached for the ibrutinib arm
- IR improved PFS relative to FCR in patients with both IGHV gene mutated CLL and IGHV unmutated CLL
- Among the 352 patients randomized to IR, 149 (42.3%) currently remain on ibrutinib

### A041202 Progression-Free Survival

- With a median follow-up of 55 months, the median PFS was 44 months for BR and not yet reached in either ibrutinib-containing arm
- The 48-month PFS estimates were 47%, 76%, and 76% for BR, ibrutinib, and IR, respectively
- The benefit of ibrutinib regimens over chemoimmunotherapy was consistent across subgroups of patients defined by *TP53* abnormalities, del(11q), complex karyotype, and IGHV mutation

Shanafelt et al., Blood Advances 2025; Woyach et al. Blood 2024

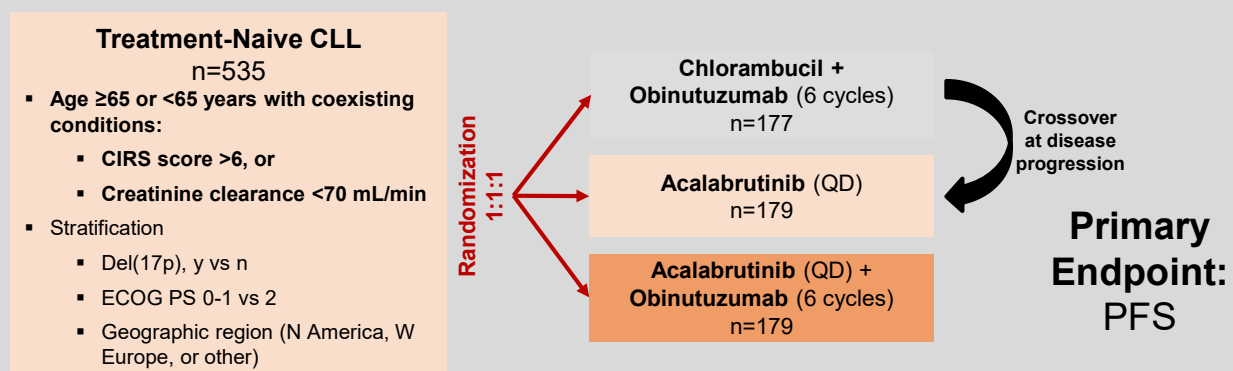
## FCR vs IR in IGHV Mutated Patients: E1912 Progression-Free Survival

- After 6 years of median follow up the PFS with IR was significantly longer in IGHV mutated patients with an HR of 0.27 and a P value of 0.001
- This means FCR should not really be used

Shanafelt et al., Blood 2022

## ELEVATE-TN: Randomized Phase 3 with Acalabrutinib

- Older and less fit patients
- Randomized comparison to chlorambucil/obinutuzumab
- Compared acalabrutinib to acalabrutinib/obinutuzumab



Sharman et al., Lancet 2020

## ELEVATE-TN: Frontline Acalabrutinib ± Obinutuzumab vs Chlorambucil + Obinutuzumab

- At a median follow-up of 74.5 months, PFS was significantly prolonged with acalabrutinib monotherapy versus obinutuzumab/chlorambucil (not reached vs 27.8 months) and acalabrutinib/obinutuzumab (NR vs 27.8 months) versus obinutuzumab/chlorambucil; and significantly prolonged with acalabrutinib/obinutuzumab versus acalabrutinib monotherapy
- The estimated 72-month PFS rates were 78% for acalabrutinib/obinutuzumab, 62% for acalabrutinib, and 17% obinutuzumab/chlorambucil. For the 79 patients who crossed over from obinutuzumab/chlorambucil to acalabrutinib monotherapy, median PFS2 (time to second disease progression or death) was NR; estimated 72-months PFS2 rate was 54%
- ORR and complete response (CR) rates were significantly higher with acalabrutinib/obinutuzumab and acalabrutinib monotherapy compared to obinutuzumab/chlorambucil
- ORR and CR rates were also significantly higher with acalabrutinib/obinutuzumab compared to acalabrutinib alone
- Acalabrutinib-treated patients who achieved a CR had longer PFS

Sharman. ASH 2023. Abstr 636.

## SEQUOIA: Frontline Zanubrutinib vs Bendamustine/Rituximab

- Open-label, part-randomized phase III trial of **zanubrutinib** for pts with untreated CLL/SLL requiring treatment; aged ≥65 yr or ≥18 yr with comorbidities; unsuitable for FCR treatment-cohort 1, randomized vs **BR** for CLL without del17p
- Zanubrutinib was found to be superior to BR regardless of evaluated cytogenetic abnormalities
- Patients with del(11q), del(13q), trisomy 12, and CKT of at least 3 - all experienced a PFS benefit with zanubrutinib vs the combination

Munir. EHA 2023. Abstr P639. Shadman. ICML 2023. Abstr 154.

## CLL14: First-line Obinutuzumab + Venetoclax or Chlorambucil (Time Limited)

- Randomized phase III trial of **venetoclax + obinutuzumab** vs **chlorambucil + obinutuzumab** for patients with previously untreated CLL and coexisting medical conditions (CIRS >6 and/or CrCl <70 mL/min) (N = 432)
- Long-term results of the CLL14 trial show that 53% of previously untreated patients who received fixed duration of the combination of the BCL2 inhibitor venetoclax plus obinutuzumab are still in remission after more than 6 years without therapy
- More than 60% of patients treated with fixed-duration venetoclax plus obinutuzumab have not required the next line of treatment

Al-Sawaf. Nature Commun. 2023;14:2147. Al-Sawaf. EHA 2023. Abstr S145.

## Rationale for Combining BTK inhibitor and Venetoclax

- Distinct mechanism of action
- Non-overlapping toxicity profile
- Act on CLL cells in different compartments
- Synergy in preclinical studies

## AMPLIFY Study: AV/AVO vs CIT

- AMPLIFY enrolled fit adults with treatment-naïve CLL without del(17p) or *TP53* mutation
- Patients were randomly assigned to receive 14 cycles of acalabrutinib plus venetoclax (AV), 14 cycles of AV plus 6 cycles of obinutuzumab (AVO), or investigator's choice of FCR or BR for 6 cycles
- The primary endpoint was IRC-assessed PFS for AV versus FCR/BR
- At a median follow-up of 40.8 months, the trial met its primary endpoint with a statistically significant difference in IRC-assessed PFS observed between the AV arm and the FCR/BR arm
- A significant difference in PFS was also observed for the AVO arm versus FCR/BR
- With censoring of COVID-19 deaths, there still was a significant difference in PFS favoring AV and AVO, compared with FCR/BR

Brown et al., ASH 2024. Abs 1009

## Comparison: Firstline Treatment Options

### Continuous BTKi

#### Pros:

- Easy to start and take (oral, limited initial monitoring)
- Highly effective in *TP53* disrupted disease
- Number of approved agents provides options

#### Cons:

- Indefinite duration (adherence)
- Cardiovascular and bleeding adverse events



### Venetoclax/Obinutuzumab

#### Pros:

- 1 year duration
- Less concern for long-term adherence
- Potential for cost saving if 1 yr of therapy is durable
- No cardiovascular side effects

#### Cons:

- Difficult to start (TLS risk)
- Unsuitable for those with renal disease or unable to tolerate hydration
- Anti-CD20 antibody has risks



### Venetoclax/BTKi

#### Pros:

- Fixed duration + all oral
- Less concern for long-term adherence
- Potential for cost saving if 1 yr of therapy is durable
- ~~No cardiovascular side effects~~

#### Cons:

- Difficult to start (TLS risk)
- Unsuitable for those with renal disease or unable to tolerate hydration
- ~~Anti-CD20 antibody has risks~~

## Which Therapy Is Best Initial Therapy in CLL?

- There is no single best initial therapy
- Multiple factors are important in this evaluation:
  - **Patient-specific factors:** comorbidities: arrhythmia, renal insufficiency; concurrent medications (Drug interactions and overlapping toxicities: ongoing anticoagulation/antiplatelet therapy), Comfort/convenience of administration, Cost, Patient preference, available resources
  - **Disease-specific factors:** Disease biology: cytogenetic/molecular features (*TP53* aberrations) and disease presentation (eg, bulky disease, cytopenias)
  - **Regimen-specific factors:** continuous vs fixed duration, oral vs combination, Toxicities with specific drugs

1. Shanafelt. Blood. 2022;140:112. 2. Sharman. ASCO 2022. Abstr 7539.  
3. Al-Sawaf. EHA 2021. Abstr S146. 4. Tam. Lancet Oncol. 2022;23:1031.